

Themes 9 th Oct 2026 (n=28)			
TAG	EXPANSION	DEFINITION	My notes
4nt	Four Noble Truths	Suffering, its origin, cessation, and the path	<i>use nib, 8fp if those are the main focus</i>
8fp	8-fold Noble Path	Ethical conduct, meditation, and insight	<i>incl precepts; right efforts; gradual training</i>
k	Karma vipaka	Volitional actions having consequences	
r	Rebirth	Continued existence after death	
do	Dependent Origination	Nexus of conditioned origination	<i>whether the number is 12 or not</i>
5k	5 Khandas	5 aggregates of clinging	<i>Incl. sense-bases</i>
med	Meditation	Mindfulness; mental cultivation; mental absorptions	<i>bhavana; sati; samadhi; jhanas</i>
nib	Enlightenment	Eradication of suffering; Noble Ones (incl stages and their qualities)	<i>Nibbana; Noble Ones (incl stages & qualities)</i>
bra	Brahmaviharas	Loving kindness, compassion, empathetic joy and equanimity	<i>mettā; karuṇā; muditā; upekkhā</i>
hin	Hinderances to	Factors impeding progress; and greed, hatred and delusion	<i>avijja; 3-poisons; 5-hindrances; 8-winds</i>
sup	Supports to progress	4 Foundations of mindfulness; 4 right efforts; 4 bases of psychic powers (zeal, energy, focus, inquiry); 5 faculties; 5 powers; and 7 awakening factors	<i>37 Bodhipakkhiyādhammās (8fp separate category): satipaṭṭhāna (kaya, vedanā, citta and dhamma); sammappadhāna (avoid, overcome, develop, and maintain); iddhipāda; pañca indriya/pañca balā (saddhā, viriya, sati, samādhi, and prajñā); 7 bojjhaṅgā (sati, dhamma vicaya, viriya, pīti, passaddhi, samādhi, and upekkhā)</i>
rit	Rituals	Chanting, statues, incense, flowers, lamps; ceremonies; predicting the future	<i>Including rituals of other non-Buddhist traditions</i>
gen	Gender and sex	The role of women and LGBTQI	<i>incl 'it is not by birth' and paṇḍaka</i>
str	Structural text	Background text components such as pleasantries, setting and context	<i>greetings; setting; context</i>
oth	Other	All references not otherwise tagged	<i>all remaining text not allocatable</i>
eth	Ethics and precepts	Good/bad conduct generally (not specifically for monastics) and precepts	
vin	Monastic code	Good/bad conduct specifically for monastics, incl monastic code	
sci	Science	Physics, the cosmos (incl questions not answered)	
lif	Life form	Realms of existence, incl immaterial, fine material, sensual and lower realms	
ren	Renunciation	Going forth, incl qualities; and renunciate discussions	
til	Anicca dukkha anatta	Three marks of existence: impermanence; suffering; and no soul	<i>tilakhana: anicca; dukkha; anatta (any one of them or all three)</i>
xxx	Issues to resolve	Need to review these tags	
mir	Miraculous powers	Miracles, psychic powers	
awa	Awakened	Examples of someone becoming awakened (any stage)	
deb	Debates	Debates and discussions with disagreements (not pure teaching)	
f	Friends on the path	Spiritual friends on the path; kalyana mitta	
j	Jataka stories	Stories of past lives	
My	Myths	Stories of ancient legends	

1. Where a segment covers multiple themes (e.g., 8fp falls within 4nt) the first tag will be my subjective opinion re which is the primary focus and subsequent tags will be any other relevant tag